

# VitaMin

## **What is Vitamin?**

Vitamin is a (ministry? Interest group?) that serves to be a *supplement* to large group bible study. We will mainly focus on exploring the passages further, but will also look at related passages, or at passages people are interested in. We see Vitamin as an extension of large group bible study, and a place to encourage people to study Scripture further for themselves, or ponder any further questions they may have. Large group already provides a place for people to study and discuss Scripture together. Vitamin is a place to not just further that - but more importantly, to promote and encourage *consistent, independent study* and *application* of Scripture.

## **What do you hope to see out of Vitamin?**

So, what does *consistent, independent study* and *application* of Scripture look like? A focus on consistent, independent study means we see Vitamin as a place where people can come and find a passion for God's word, when they are excited for it, or even when they feel unmotivated to continue. A focus on applying Scripture is something in particular that we would like to encourage at Vitamin. This means not just delving deeper into Scripture, but to provide people with an opportunity to share how they see God or Scripture in their own lives. We would like challenge people to think: "*How can we reflect Christ in our lives?*" To reflect Christ, you need to know who Christ is. When studying for an exam, you spend hours poring over your books and notes, to show that you know the material. In the same way, we want Vitamin to be a place where, through Scripture, people can better understand who Christ is, and what "reflecting him" looks like in their individual lives. We hope that this preparedness will help people reflect Christ's character, and reach not just those within the ministry, or even CCF, but outside as well.

## **What will Vitamin look like during the year?**

We think that being in both the Word and in prayer is an important part of our lives. At Vitamin, we will mainly focus on passages covered in large group, and related passages. However, we also encourage people to discuss what they have been reading, or would like to read. We also want to set apart time from studying Scripture to focus on this idea of application - sharing more about how God's word is working in our lives.